Photography Guide for Teledermatology

head & body

head, face, scalp
- Preparation: Remove jewelry and redeye make-up. Restrain hair.

knees, elbows
- Preparation: Remove applicable clothing.
- Positioning: Standing.

axilla
- Preparation: Remove jewelry and deodorant, if visible.
- Positioning: Standing, arms raised.

genitals, buttocks
- Preparation: Remove clothing.
- Positioning: Lithotomy pose for female.

trunk
- Preparation: Remove clothing, jewelry. Restrain hair.
- Positioning: Standing, back slightly rotated and facing mirror.

upper extremities

upper arms
- Preparation: Remove applicable clothing and jewelry. Restrain hair.
- Positioning: Standing, arms at side, palms facing front.

lower arms
- Preparation: Remove applicable clothing and jewelry.
- Positioning: Seated, rest arms on table.

hands, fingernails
- Preparation: Remove jewelry. Roll up sleeves.
- Positioning: Seated, rest hands on table.

lower extremities

legs: anterior and posterior
- Preparation: Remove shoes, socks and applicable clothing.
- Positioning: Standing, feet slightly apart.

legs: lateral and medial
- Preparation: Remove shoes, socks and applicable clothing.
- Positioning: Bend knee of leg furthest from camera and move foot forward.

feet, toenails
- Preparation: Remove shoes, socks and applicable clothing.
- Positioning: Keep feet close together. Have patient kneel for soles of feet.

photo tips
- Check images for focus, coverage and exposure.
- Hold camera steady with both hands.
- Center anatomy in frame. Include only clinical information.
- Use flash indoors for close-up photos.
- Keep the camera zoom consistent.
- Use the flash, but not closer than 12 inches for macro images.
- Shoot against a featureless backdrop, such as a wall or door.
- Compression / Image Quality setting: JPEG Basic or Normal.

necessary sequence of images
- Distribution
- Regional
- Close-up showing surface features

complementary views

American Telemedicine Association
Teledermatology Special Interest Group